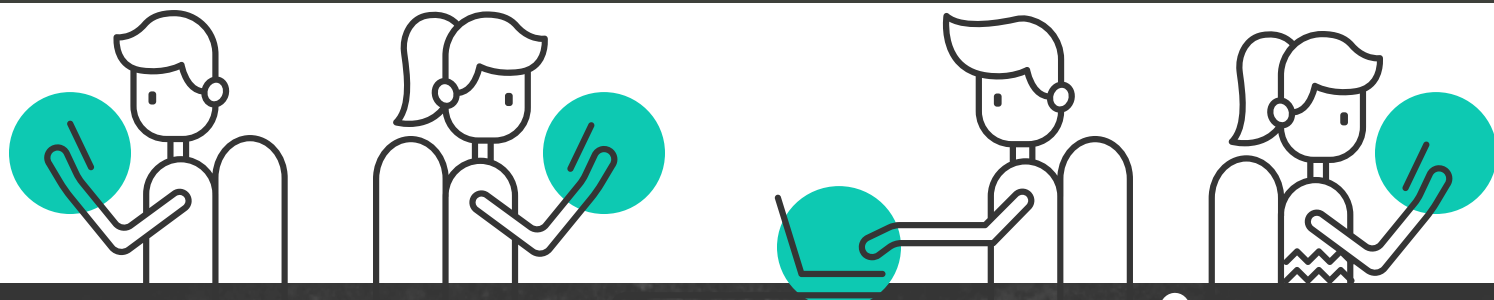




Precursors  
of youth's sexual  
and romantic  
relationships

*Presaj*  
Study



# + - Pornography -

**77.4%** of adolescents in secondary 5 Grade 11 who participated in the PRESAJ Study reported that they had viewed pornography during their lives.









 **Boys: 91.2%**

 **Girls: 65.1%**

 **Gender diversity: 81.5%**

## Motivations

Adolescents in the PRESAJ Study reported that they had viewed pornography for the following reasons:

-  Because it makes it easier to masturbate ..... **87.3%**
-  Because I can find out what turns me on ..... **78.1%**
-  To learn new things ..... **68.5%**
-  Because it provides an experience that would be impossible to have in real life ..... **56.7%**
-  Because I want to pass the time when I am bored ..... **51.9%**
-  Because I am not satisfied with my sex life ..... **38.1%**
-  Because it calms me down ..... **36.2%**
-  Because it makes me forget my problems ..... **27.8%**

**Regardless of your gender identity (male, female, gender diverse), the main motivations behind the use of pornography are similar!**

The data in this infographic are derived from the third phase of the study on precursors of youth's sexual and romantic relationships (PRESAJ) conducted in Quebec in 2020-2021 among 2,418 adolescents in secondary five (grade 11). Only adolescents who reported that they had viewed pornography (N=2389) were included here. This study is led by Sophie Bergeron, Ph.D., from the Université de Montréal and Jacinthe Dion, Ph.D., from the Université du Québec à Chicoutimi and is funded by the Canadian Institutes of Health Research (CIHR).

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To learn more: [www.sophiebergeron.ca](http://www.sophiebergeron.ca)

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