



# Precursors of youth's sexual and romantic relationships



## Sexual and gender diversity

Evolution of adolescents in the PRESAJ study from secondary three (Grade 9) to secondary five (Grade 11)

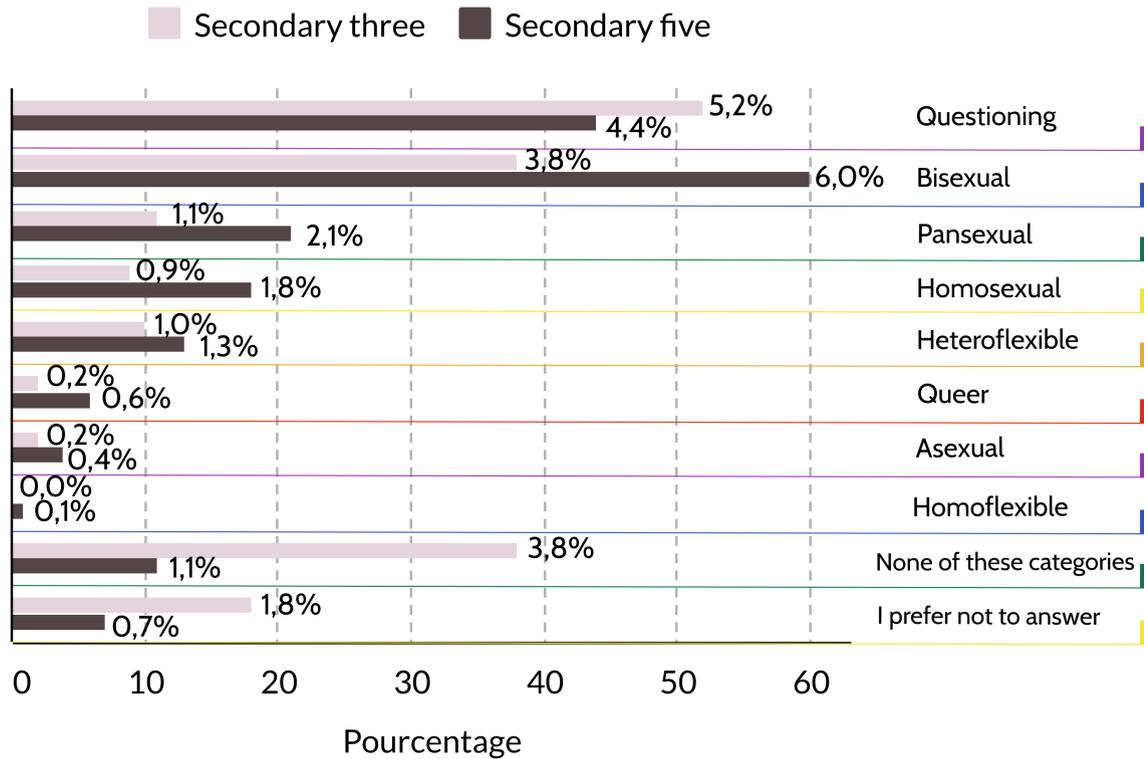
**Sexual orientation** is defined as physical attraction towards others.

Sexual orientation of adolescents according to their high school grade level:

82,1% of students consider themselves heterosexual in secondary three

81,4% of students consider themselves heterosexual in secondary five

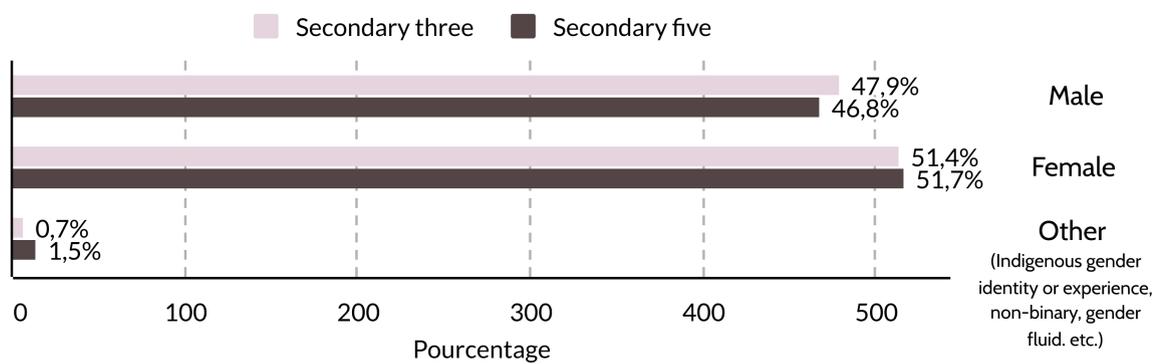
Among the diverse sexual orientations



**Gender identity** is defined as one's intimate and personal experience of feeling as man, as woman, as identifying with both genders, with no gender, or with another gender.<sup>1</sup>

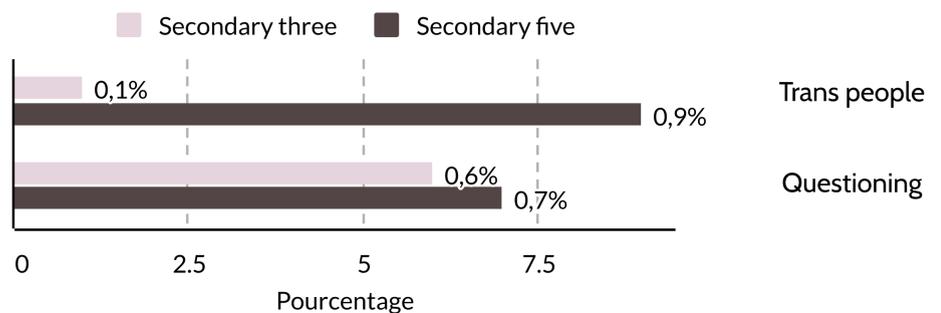
Gender identity of adolescents according to their high school grade level:

\*47,7% of boys assigned at birth and 53,2% of girls assigned at birth



Psitt!

Some people are trans (including individuals who are transgender, transsexual, have gone through gender transition or affirmation, etc).



The study on the precursors of youth's sexual and romantic relationships (PRESAJ) conducted in 2018-2022 is a longitudinal study based in Quebec which follows a cohort of adolescents from secondary three to five (Grade 9-11): 2904 adolescents participated in secondary three and 2800 adolescents participated in secondary five. This study is led by Sophie Bergeron, Ph.D., from the Université de Montréal and Jacinthe Dion, Ph.D., from the Université du Québec à Chicoutimi and is funded by the Canadian Institutes of Health Research (CIHR).

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Reference:  
<sup>1</sup> Alix. (2021). *Lexique de la diversité*. <https://alix.interligne.co/vocabulaire-diversite/>



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