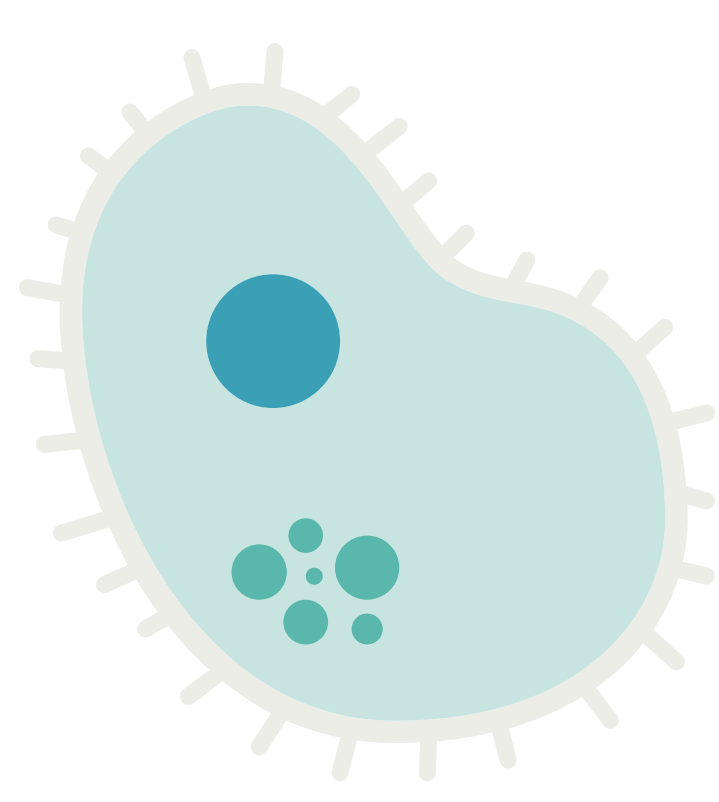




STRESS EXPERIENCED DURING THE COVID-19 PANDEMIC

In secondary three (9th grade) and four (10th grade) adolescents who participated in the study between May 1st and June 30th, 2020

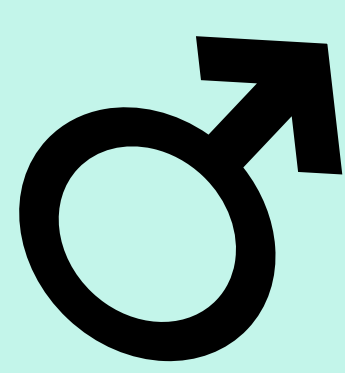


96,4 % of adolescents revealed that they were not infected with COVID-19

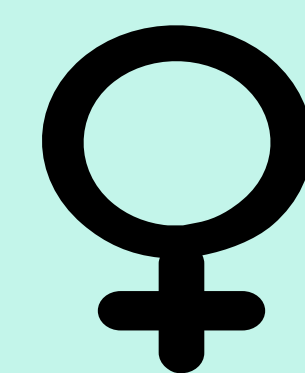
2,7 % of adolescents believed that they were infected with COVID-19

0,8 % of adolescents were infected with COVID-19

Impact of COVID-19



In BOYS



In GIRLS

Psychological distress

76,1 % did not experience ANY psychological distress related to the COVID-19 pandemic

21,5 % experienced LIGHT TO MODERATE psychological distress related to the COVID-19 pandemic

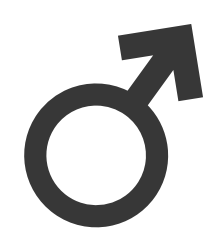
2,4 % experienced SEVERE psychological distress related to the COVID-19 pandemic.

46,6 % did not experience ANY psychological distress related to the COVID-19 pandemic

43,3 % experienced LIGHT TO MODERATE psychological distress related to the COVID-19 pandemic

10,1 % experienced SEVERE psychological distress related to the COVID-19 pandemic.

Level of concern about their health or the health of loved ones



46,6 %

rated their level of concern as NONE



39,8 %

rated their level of concern as LIGHT OR MODERATE



13,6 %

rated their level of concern as SEVERE OR EXTREME



17,1 %

rated their level of concern as NONE

56,1 %

rated their level of concern as LIGHT OR MODERATE

26,7 %

rated their level of concern as SEVERE OR EXTREME

The data from this infographic comes from the second phase of the study on youth's sexual and romantic relationships (PRESAJ) and the study on the Impact of adolescent participation in sports (IPSA) carried out in Quebec between **May and June 2020** with 674 adolescents in secondary three (9th grade) and four (10th grade). The PRESAJ study is led by Sophie Bergeron, Ph.D. from the Université de Montréal and Jacinthe Dion, Ph.D. from the Université de Québec à Chicoutimi, and it is funded by the Canadian Institutes of Health Research (CIHR). The IPSA study is also led by Jacinthe Dion, Ph.D. and is partly funded by the Social Sciences and Humanities Research Council (SSHRC).

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