



Precursors
of youth's sexual
and romantic
relationships



ALCOHOL AND DRUGS

Amongst secondary 3 (9th grade) adolescents from
the PRESAJ Study



Within the 12 months preceding the study,

62.9%

reported that they had consumed alcohol. Among them, 24.6% had consumed it once or twice, 40.2% occasionally, 15.7% once a month and 17.3% once or twice a week.

20%

mentioned that they had consumed cannabis (weed, marijuana, hasisch, oil, etc.). Among them, 46% had consumed it once or twice, 26% occasionally, 7.5% once a month and 10.5% once or twice a week.

3.7%

had consumed other types of drugs (ecstasy, amphetamines, speed, cocaine, acid, etc.). Among them, 59.5% had consumed them once or twice, 18.9% occasionally, 10.8% once a month and 2.7% once or twice a week.

At the age of 14-15 years old, no difference was observed between boys and girls with regard to their consumption of alcohol and other types of drugs.



However, there is a difference between boys and girls for cannabis consumption (21.6% of boys had consumed cannabis compared to 18.5% of girls).



The study on precursors of youth's sexual and romantic relationships (PRESAJ) took place in 2018-2020 and involved 2905 secondary 3 (9th grade) adolescents. This study is directed by Sophie Bergeron, Ph.D., Université de Montréal and Jacinthe Dion, Ph.D., Université du Québec à Chicoutimi and is funded by the Canadian Institutes of Health Research (CIHR).

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To learn more : www.sophiebergeron.ca