



Precursors
of youth's sexual
and romantic
relationships

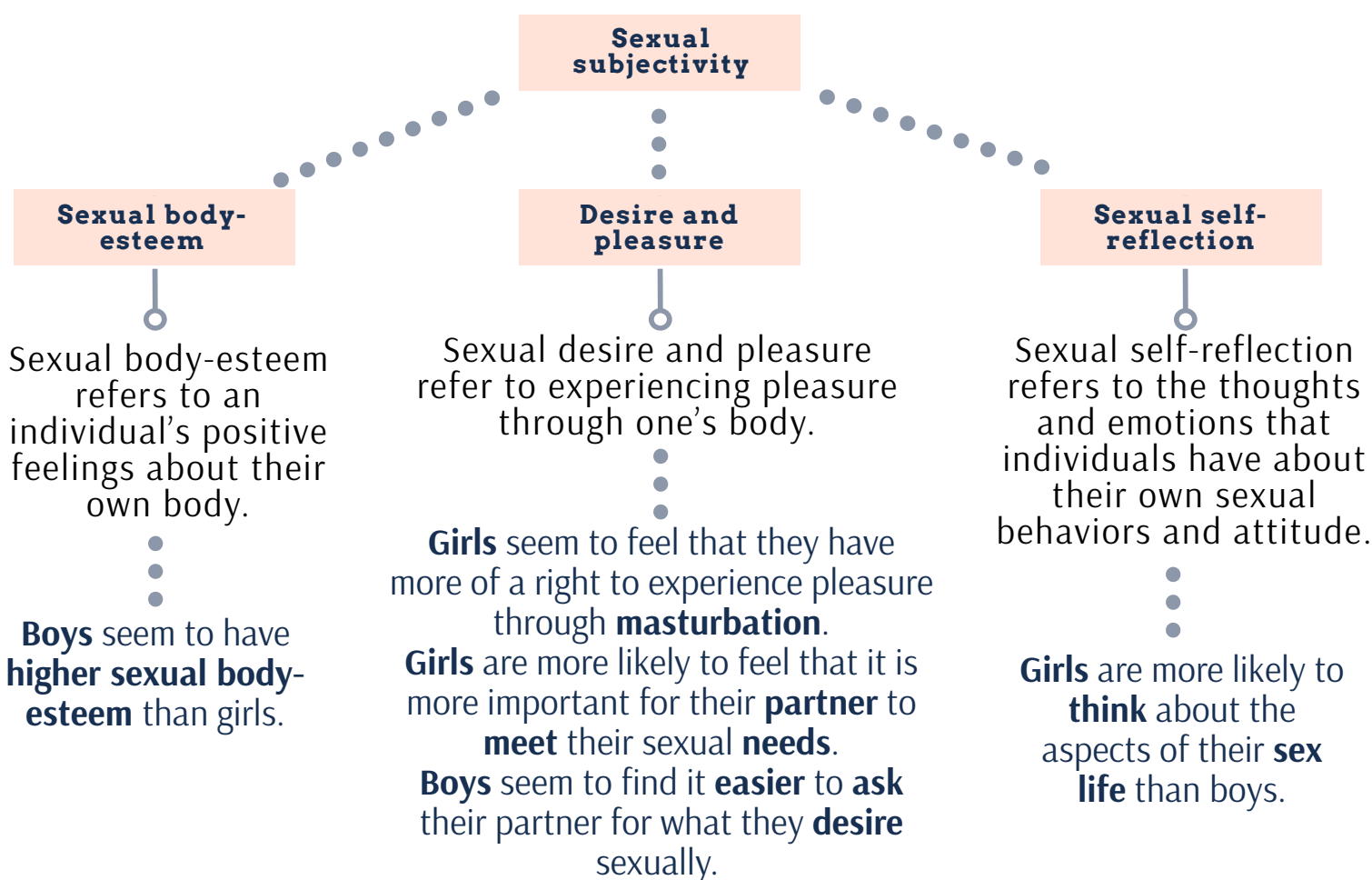


Sexual Subjectivity

Sexual subjectivity refers to the way individuals **consider** and **experience** themselves as **sexual beings** (Horne & Zimmer-Gembeck, 2006).¹

In other words, sexual subjectivity is the process through which we come to understand that we are sexual beings having **choices, desires, deserving pleasure and safety.**

In secondary five (grade 11) adolescents from the PRESAJ Study



The data in this infographic are derived from the third phase of the study on precursors of youth's sexual and romantic relationships (PRESAJ) conducted in Quebec in 2020-2022 among 2,800 adolescents in secondary five (grade 11). This study is led by Sophie Bergeron, Ph.D., from the Université de Montréal and Jacinthe Dion, Ph.D., from the Université du Québec à Chicoutimi and is funded by the Canadian Institutes of Health Research (CIHR).

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To learn more: www.sophiebergeron.ca

1. Horne, S., & Zimmer-Gembeck, M. J. (2006). The Female Sexual Subjectivity Inventory: Development and validation of an instrument for late adolescents and emerging adults. *Psychology of Women Quarterly*, 30(2), 125–138.

