



HOW DO YOUNG ADULTS EXPERIENCE THEIR SEXUALITY?



AMONG PARTICIPANTS AGED 18-19 WHO WERE IN THEIR FIFTH YEAR OF PARTICIPATION IN THE PRESAJ STUDY...

72,8%

engaged in sexual touching with a partner

compared to 34,9% at 14-15 years old

64,9%

had penetrative sex with a partner

compared to 21,4% at 14-15 years old

38,1%

used a condom during their last sexual intercourse

compared to 70,1% at 14-15 years old

AMONG THOSE WHO HAVE HAD SEXUAL INTERCOURSE

MALE GENDER

FEMALE GENDER

18-19 years old

18-19 years old

14-15 years old

14-15 years old

11,2% 17,1%

report a low to absent sexual desire

31,8% 22,4%

11,2% 3%

report difficulties in becoming sexually aroused

8,8% 20,2%

9,5% 8,8%

report difficulties in reaching orgasm

37,1% 23,1%

12,0% 54%

report feeling distressed about their sexuality

46,6% 16,2%

5,2% 3,6%

report genital pain during penetration

21,4% 21,2%

82,9%

&

78,2%

report being satisfied with their sexuality!

compared to

87,8%

at 14-15 years old

87,2%

at 14-15 years old

The data in this infographic come from the fifth phase of the Study on the Precursors of Youth Sexual and Romantic Relationships (PRESAJ), conducted in Quebec in 2022-2023 with 1,503 young adults who have been participating in the study since their third year of high school. This study, funded by the Canadian Institutes of Health Research (CIHR), is led by Sophie Bergeron, Ph.D., from the Université de Montréal, and Jacinthe Dion, Ph.D., from the Université du Québec à Chicoutimi and the Université du Québec à Trois-Rivières.

To cite this infographic: Perreault, É., Dion, J., Bergeron, S., Desrosiers, M., Dubois, C. & Herrera-Roberge, J. (2025). How Do Young Adults Experience Their Sexuality. Fact sheet: Knowledge Transfer Campaign of the PRESAJ Study. Université de Montréal, Université du Québec à Chicoutimi, and Université du Québec à Trois-Rivières.



etudePresaj



etude_presaj

